



2555 collins avenue suite 1205
miami beach, fl 33140-4761 u.s.a.

t 800.806.8482 f 305.673.6932

www.aquilaltd.com info@aquilaltd.com

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CONTACT:

Yvan Miklin, President & CEO

(T) 1.800.806.8482 ext. 85

(F) 1.305.673.6932

yvanmiklin@aquilaltd.com

www.aquilaltd.com

2555 Collins Avenue, Suite 1205
Miami Beach, FL 33140 U.S.A.

“FITNESS ONSITE” MAGAZINE SELECTS MR. YVAN MIKLIN, PRESIDENT & CEO OF AQUILA, AS THE NEWEST EDITORIAL BOARD MEMBER

Los Angeles, CA, August 15, 2005 — “Fitness OnSite” Magazine has selected Yvan Miklin, President & CEO of Aquila as the newest Editorial Board Member for the magazine. “Fitness OnSite” is the magazine for professionals in adult physical fitness field, published quarterly by Leisure Publications, Inc. in Los Angeles, CA. Editorial content emphasizes preventive health care and management and is directed to owners, managers, and program directors in adult physical fitness facilities.

“‘Fitness OnSite’ is a must-have tool for anyone involved in fitness and multi-club business management”, said Miklin. “The magazine provides valuable insights surrounding operations & management issues of hotel, corporate, multi-housing, country club and resort fitness, spa, and leisure facilities.”

Some of the Summer 2005 issue features include:

- “Rising Above & Beyond”, Advantage Fitness Products’ story behind the Ritz-Carlton, Laguna Niguel’s stunning new fitness center
- “The Best Workout on the Strip”, The Spa Bellagio’s fitness & wellness example
- “Successful Year for Employee Health”, How SYSCO keeps its employees fit
- “E-Letters: Why and How”, communicating with your members through electronic newsletters

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ABOUT AQUILA

Aquila is a fully integrated health, wellness, fitness and spa management organization that serves clients nationally and internationally. For more than a decade, Aquila has been providing Innovative Programming and Results Oriented Fitness & Wellness Management to Fortune 1000 Companies, Government Agencies, Educational Institutions, and Private Establishments. For more information about Aquila, please visit: www.aquilaltd.com.

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